

**2022**

# **IMPACT REPORT**

**A Home, A Job, A Friend**



**The Mission of Hedwig House, Inc is to provide support and assistance to  
individuals with mental illness in pursuit of  
independence and personal  
fulfillment.**

# Individual & Group Services



**"This is a great place to get out and meet new people."**  
**Tanya, Member**



**Individual services** partnered a Member and practitioner 1:1 to meet Member goals. Services were provided via technology or in person.

**Group services** held via technology, in person, or both simultaneously (a hybrid model) safely allowed for maximum Member participation in activities. These services **increased social interactions and expanded learning opportunities for Members**. Scheduled classes included topics such as financial literacy, arts and crafts, health and safety, mental health awareness, and other topics of interest. Regular social hours also occurred.

Group services also **provided opportunities for Hedwig House Members to engage in their community by "giving back."** Packaging holiday treats and cards for individuals in personal care and nursing facilities as well as get well cards to community members struggling with major medical concerns was an important part of "paying it forward." Additionally, members worked with volunteers on "Day of Service" projects such as cleaning up trash at a local park.

Individual and group services provided essential assistance to Members over **8,200 times**.

Staff also provided support to individuals by mailing **1,875 Activity Packets to Members**. Both activities let people know that they were not alone and helped them stay connected to Hedwig House.

This adds up to over **13,000 direct service hours** to members.



# Food First Program



Staff, volunteers, and our community partners contributed to our **Food First program**, ensuring individuals had nutritious meals and food in their pantry. Each week our staff delivered home cooked meals prepared by volunteers as well as donated food from local restaurants. We also delivered groceries and assisted individuals with their shopping and/or online grocery orders.

Meals delivered: 7,487

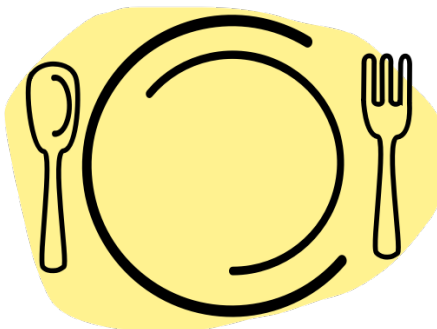
Additional sides and drinks: 2,930

Grocery delivered: 161

These three items helped us deliver a combined total of over 10,000 meals to individuals in need.

**"Hedwig House has given me a reminder to persevere through my struggles."**

**Tyrone, Member**



**"I can help lead a class discussion on sports. It makes me feel good to contribute and help other Members."**

**Robert, Member**

# Special Housing Services

Our **Special Housing Services** ensured that adults with mental illness had a safe and affordable place to call home. Our partnerships with funders and over 50 landlords enabled us to:

- Assist 90 households (114 people) to obtain and maintain housing in their community of choice
- Supply 35 individuals with furniture for their homes
- Assist 32 individuals with financial assistance for security deposits, utility deposits or emergency funds that enabled them to avoid homelessness

## Volunteering

**43 Volunteers contributing 512 volunteer hours** enhanced our Members' lives by preparing meals, providing social opportunities and/or facilitating group activities.

Our **Pen Pal program** allowed volunteers and Members to connect by writing letters or emailing one another.

**"I find it so rewarding to get to know the Members. I feel like I am making a difference."**

**Jill, Volunteer**



# Fundraising

**Nearly  
\$65,000  
Raised**

**100  
Tickets  
Holders**

**Over 65  
Auction  
Items**

**8  
Sponsors**

## Spotlight on Mental Health 2022

In 2022 we held our annual fundraiser as a Hybrid event. Friends and families came together online and at the Blue Bell Country Club. The event website helped to make it a success! Thank you to everyone who participated and supported us through our first ever Hybrid Spotlight on Mental Health event.



**135 Raffle  
Tickets  
Sold**

**Over  
\$3,300  
Raised**

**Over 75  
Bags of Pop-  
corn Sold**

## Online Events 2022

Hedwig House hosted two online events in 2022 with great success! Participants were able to buy online raffle tickets for chances to win designer bags.

We also sold popcorn through the Double Good app during the holiday season that people were able to give out as gifts!

# Grant Funding

Grants provide a large portion of our overall revenue, which enables us to continue to offer skills development, activities, and resources, so that those receiving our services can achieve self-reliance and obtain or retain valued roles in their community. We thank our 2022 grant partners:

**Dolfinger-McMahon Foundation**

**Emergency Food and Shelter Program (EFSP)**

**Genuardi Family Foundation**

**Life's a Puzzle Charitable Fund**

**Little Tower Foundation**

**Montgomery County Foundation**

**Patricia Kind Family Foundation**

**Pennsylvania Department of Human Services (DHS)**

**Pottstown Area Health and Wellness Foundation**

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

**vanAmeringen Foundation**

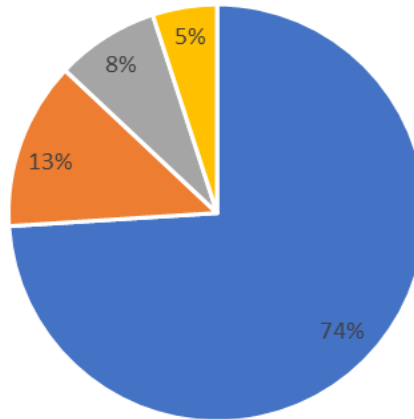
**Vesta Fund**

**Wawa Foundation**



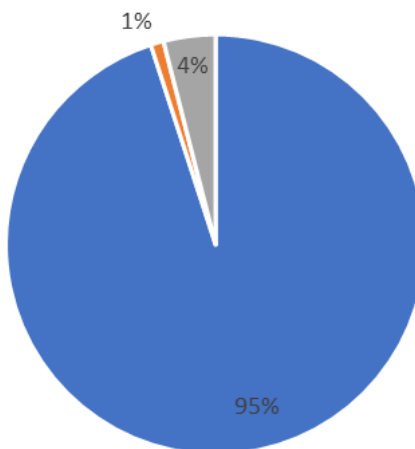
# Financials 2022

Revenue



■ Government ■ Grants ■ Fundraisers & Donations ■ Other Funding

Expenses



■ Program ■ Fundraising ■ Admin & Misc



# Coming in 2023...



Hedwig House's Healthier You Community Campaign is an initiative to positively impact the community by providing health screenings and access to various resources as we work with our partners to secure items such as food, toiletries, school supplies and/or winter coats for any individuals in need. The program is designed to be a safety net offering equitable services for all who wish to participate regardless of where they reside in Montgomery County.



**We are grateful to our funders,  
foundations, individuals,  
corporations and volunteers  
whose support makes our  
important work possible.**



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**Find us on:**



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